



What Interests You?

Subject Area:

- What do you believe are the most important problems or issues that need your help?
- What are you passionate about?
- What do you enjoy doing?

Clients:

- Do you want to work with individuals or groups?
- Are you interested in children, youth, adults or seniors?
- Are you interested in other languages and cultures?
- Do you want to work with newcomers to Canada?

Type of Work:

- What kind of work appeals to you?
- Are you interested in: arts, culture, recreation, religion, education, research, health, human services, advocacy, social change, or public policy?

Location:

- Are you interested in supporting a local, regional, provincial, national, or international organization?

Size:

- Are you interested in volunteering with a small organization or a large one?

Age:

- Do you want to support an organization that is just getting started or one that is already well established?

Few or Many?

- Do you want to give your time and talent to one organization or several?

Other Considerations:

- What length of commitment can you provide? (One day? One month? One year?)
- How many hours per month can you provide?
- Do you prefer to work at an event, on a project, or an ongoing program?
- Have you considered volunteering on a board?